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Fluid overload and heart failure

Fluid overload is a key clinical complication of heart failure (HF) and the **primary driver of HF-related morbidity and hospitalisation**. Chronic HF is a progressive disease that is caused when the heart is unable to pump enough blood through the body. It is characterized by retention of sodium and water with resulting **fluid accumulation across the body** including in the arms, legs, lungs and abdomen. Patients with heart failure commonly experience shortness of breath, fatigue and difficulty exercising. The increase in fluid volume increases the burden on the weakened heart, further worsening the problem clinically.

Poor quality of life

- · Coronary artery disease
- High blood pressure
- Previous heart attack
- Heart valve defect
- Heart muscle damage
- Diabetes
- Obesity
- Sleep apnea

Key Principle



Maintaining a constant concentration of sodium in the body (homeostasis) is vital for patient health – the brain and kidneys maintain this balance.



The body's response to heart failure causes sodium levels to increase.



To restore the balance, the body retains water, leading to fluid overload.

Limitations of Diuretic Therapy

The current standard of care is diuretic therapy; this primarily removes hypotonic urine (low amounts of sodium), resulting in increased sodium concentrations in the body.

To restore homeostasis, the body retains water (thirst response) or cuts back on urination, limiting the impact on fluid overload.



- In addition to the limited benefit, there are well known problems with diuretics. They frequently cause patients to develop kidney failure and up to 40% of HF patients on IV loop diuretics have a poor response, with 24% of patients re-admitted to hospital within 30 days.
- There is a high unmet need for a safe and effective chronic treatment solution to treat volume overload due to heart failure when diuretics are no longer effective, especially one that can be used in an out-patient chronic setting.
- Extracorporeal ultrafiltration is an alternative approach but with limited use as it requires vascular access and is associated with significant hospital resources, limited clinical evidence and treatment-related adverse events.



The U.S. and European market for Sequana Medical's **alfa**pump DSR[®] to treat fluid overload in diuretic-resistant heart failure patients is forecast to exceed \$5 billion annually by 2026.

For more information, visit www.sequanamedical.com

Regulatory disclaimer: DSR® therapy is still in development and it should be noted that any statements regarding safety and efficacy arise from ongoing pre-clinical and clinical investigations which have yet to be completed. DSR® therapy is currently not approved for clinical research in the United States or Canada. There is no link between DSR® therapy and ongoing investigations with the **alfa**pump® system in Europe, the United States or Canada.

References: heart.org; mayoclinic.org; cardio.com; Costanzo (2007); Kilgore (2017); Global Data Forecast 2026; Testani (2014 & 2016); Ross (2010); Costanzo (2017) Note: alfapump® is a registered trademark. DSR® and alfapump DSR® are registered trademarks in the Benelux.